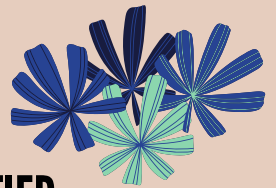

THRIVING JOURNEY THERAPY, PLLC

LISA LACEN, LMFT

**TREATING INDIVIDUALS, FAMILIES, COUPLES, ADULTS & CHILDREN/ADOLESCENTS
PRACTICE MAIN AREAS OF FOCUS INCLUDE TRAUMA, DEPRESSION, ANXIETY, GRIEF,
ADJUSTMENT DIFFICULTIES, BODY IMAGE/SELF-ESTEEM, PHOBIAS, OCD, DISTRESS
TOLERANCE, EMOTION REGULATION, AND INTERPERSONAL RELATIONSHIPS**



TF-CBT CERTIFIED

EMDR AND CPT TRAINED

DBT TRAINED/PESI CERTIFIED

GOTTMAN LEVEL 1 & 2

**INSURANCES ACCEPTED:
AETNA, ANTHEM, MEDICAID/
HUSKY, EVERNORTH/CIGNA,
OPTUM/UHC, CONNECTICARE,
HARVARD PILGRIM, MAGELLAN
TRICARE**

www.ThrivingJourneyTherapy.com

info@ThrivingJourneyTherapy.com

860-578-2020 (phone)

1224 Mill St. Building B, East Berlin, CT 06023