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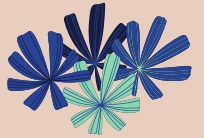
# **THRIVING JOURNEY THERAPY, PLLC**

## **DR. LISA LACEN, DHS, LMFT**

### **Guardian ad Litem**

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**TREATING INDIVIDUALS, FAMILIES, COUPLES, ADULTS & CHILDREN/ADOLESCENTS**  
**PRACTICE MAIN AREAS OF FOCUS INCLUDE TRAUMA, DEPRESSION, ANXIETY, GRIEF,**  
**ADJUSTMENT DIFFICULTIES, BODY IMAGE/SELF-ESTEEM, PHOBIAS, OCD, DISTRESS**  
**TOLERANCE, EMOTION REGULATION, AND INTERPERSONAL RELATIONSHIPS**



**TF-CBT CERTIFIED**

**CCTP-II & DBT PESI CERTIFIED**

**EMDR AND CPT TRAINED**

**GOTTMAN LEVEL 1 & 2**

**GAL ADVOCATE FOR MINOR CHILDREN**

**INSURANCES ACCEPTED:**  
**AETNA, ANTHEM, MEDICAID/**  
**HUSKY, EVERNORTH/CIGNA,**  
**OPTUM/UHC, CONNECTICARE,**  
**HARVARD PILGRIM, MAGELLAN,**  
**TRICARE CERTIFIED, MEDICARE**

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